

Dante Altamirano

Skills

Psychotherapy for Vulnerable Populations

- Experience in providing psychotherapy services to children in the foster care system, offering emotional support and behavioral interventions.
- Assisted domestic violence survivors in overcoming trauma and developing coping strategies for emotional healing.
- Worked with low SES members of the community, providing culturally sensitive therapeutic interventions to address their unique challenges.

Clinical Psychology Expertise

- Proficient in administering psychological assessments to evaluate mental health conditions and formulate effective treatment plans.
- Strong understanding of various therapeutic approaches, including Cognitive-Behavioral Therapy (CBT), and Mindfulness-Based Interventions.
- Able to establish a strong therapeutic alliance with clients to create a safe and supportive environment for their healing journey.

Empathy and Compassion

- Demonstrated empathy and compassion when working with clients from diverse backgrounds, fostering a sense of trust and rapport.
- Sensitive to cultural differences and open to adapting therapeutic techniques to meet the individual needs of each client.

Work Experience

Marriage and Family Therapy Intern, Russian River Counselors

Monte Rio, CA | August 2022 - Present

- Conduct individual and family therapy sessions for clients with a focus on providing support and healing to vulnerable populations, including foster care children, domestic violence survivors, and low SES community members.
- Collaborate with a team of mental health professionals to develop and implement comprehensive treatment plans for clients' specific needs.
- Maintain detailed and confidential client records, ensuring compliance with ethical and legal standards.

- Attend regular supervision meetings with Denise Horner, LMFT, to enhance clinical skills and receive guidance on challenging cases.
- Actively participate in continuing education opportunities to stay abreast of the latest advancements in the field of psychology and psychotherapy.

School Counselor, Kid Street Charter School

Santa Rosa, CA | October 2022 - May 2023

- Provided counseling services to students, addressing academic, social, and emotional challenges to support their overall well-being and academic success.
- Conducted individual counseling sessions, offering guidance and support for students dealing with personal issues, behavioral concerns, and academic planning.
- Collaborated with teachers, parents, and administrators to create a supportive and inclusive school environment for all students.
- Implemented strategies for conflict resolution, anger management, and coping skills to promote positive student behavior and emotional regulation.
- Organized and facilitated group counseling sessions to address common challenges among students and foster peer support.

Education

- **Master of Arts in Psychology, Emphasis in Clinical Psychology**
Pepperdine University, Malibu, CA | 2021 - 2023
- **Bachelor of Arts in Sociology**
University of California, Davis, CA | 2015 - 2017

Certifications

Associate Marriage and Family Therapist (AMFT): AMFT144301

References

Available upon request.